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EDIBLE AFRICA: SEE IT, TASTE IT, TOUCH IT

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Canvas Paper and Stone Gallery
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Image: Sunday Morning, Photograph by Theadora



New York: *Edible Africa*... "The DNA of everyone living on earth today places him in a homeland in Africa." - Spencer Wells, Vanity Fair, June 07. The Gallery introduces the multi-media artist Theadora Ifudu whose work in *Edible Africa* demonstrates that the connection to Africa is alive, and that 99.9% of everyone's DNA is the same. Join us on Friday, October 19 from 6-9PM for the Opening Reception, and the exhibition which will continue through October 26 in the Canvas Paper and Stone Gallery in The Bradhurst at Strivers Row located at 2611 Frederick Douglass Blvd, Suite 2N in Harlem, New York City. Gallery hours are open to the public, Wednesday through Saturday, Noon to 6:00, by appointment.

Theadora states:

If we want to wake up the us that arrived in Africa so long ago, full of pure potentials, more able to access why we have just come, we need to wake up our African layer. The best way to do this is to expose ourselves to Africa in an edible form, literally or symbolically. Doing it symbolically is *Edible Africa* with images, sound and music of Millennial Africa, celebrating the Moments of life at the first ring, where longitude 0 crosses latitude 0. Because only in the moment can we affect life, can life affect us. And so, at the moment of capture, each image, each sound, each music is asked to collect Primordial Power to connect to the beginning, to be doors of transport to higher places...This is why *Edible Africa* is able to awaken our first ring, and teach us to see our moments with larger eyes, and give us a joyful acceptance of life, and point us subtly to the way home.

NYU Film School graduate, The artist Theadora also paints, writes, sculpts, designs, had a music album on Epic, and has two songs on digital download with CD Baby: <http://cdbaby.com/cd/theadora>. Combining art with motherhood produced the burning need to know the exact Meaning and the Due Process of the life we live. To find these she set off with her newborn to the source: Africa, at the first ring. After 20 years in Lagos, Nigeria she is back with much more than she asked for... the sharing begins with *Edible Africa*. "It is time to go back to pure beginnings, that we may know everything."

Canvas Paper and Stone is the successor to American Vision 145, a gallery originally established in April 1999. It continues to lead the way in a Harlem cultural renaissance by producing world-class art exhibitions. Averlyn Archer, CEO and Curator, is an avid art collector and attorney. She has created a new online locale for art enthusiasts – CanvasPaperandStone.com. Viewers are welcome to access additional information and a copy of this press release on canvaspaperandstone.com. For more information or to visit the gallery, please call us at 212-694-1747.

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